



ENGADINE PUBLIC SCHOOL
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10th June 2025

Dear Parents/Caregivers,

2025 – 'Fit Futures' Sports Program

Next term, your child's class will be participating in a whole school specialist sports program with 'Fit Futures' as part of their PDHPE lessons. This program has been selected for our school because it creates opportunities for students to be exposed to many strands of the PD/H/PE syllabus and directly targets the tuition of gymnastics skills development and fitness outcomes.

The 'Fit Futures' program will be held every **Wednesday** and will be run by specialist gymnastics teachers. The program ensures that all students are given the opportunity to utilise a range of resources in this area. These unique resources are designed to motivate and stimulate students into positive attitudes towards physical activity and exercise with a focus on Gymnastics skills, this year.

All students in the class will attend a 30-40 minute session each Wednesday during Term 3, for a total of 9 weeks. **We ask that a total of \$40.00 be paid by 4th July 2025.**

All K-6 children will need to wear their sports uniform and joggers for 'Fit Futures' every Wednesday in Term 3. For Kindergarten, this will be the only day that their sports uniform is needed, as Wednesdays is their Term 3 sports day.

Years 1-6 will still need to wear their sports uniform on Wednesdays AND Fridays for their usual school or PSSA Sport.

All money and permissions, or alternate arrangements, must be finalised by Friday 4th July.

No students will miss out on participating in the program. If you are experiencing any difficulties with payment, please contact the school for assistance.

We look forward to your cooperation and support for our 'Fit Futures' program.

Sharon Raudaschl
Teacher

Sara Swift
Principal

2025 – Fit Futures Sports Program

I give my permission for my child _____ Class: _____
to participate in the 'Fit Futures' Program in Term 3 and have enclosed \$40.00 as payment for all sessions.

Cost: \$40.00 to be paid by 4th July 2025.

My payment was made by:

☐

Cash

☐

Cheque

☐

Credit

☐

Online - Receipt No. _____

Signature: _____

Date: _____

Accident insurance information

In the event of injury, no accident or medical insurance cover is provided by the NSW Government Treasury Managed Fund for students participating in school sporting activities, physical education lessons or any other school endorsed activity, unless there is a breach of duty of care by department or school staff. The NSW Department of Education is insured to meet the financial impact of any legal liabilities arising from its activities. It does not provide, nor has it ever provided, accident or medical insurance for students enrolled in government schools.

Concussion management

When a student enrolled in a government school is diagnosed with concussion, the principal must be advised in writing as soon as the diagnosis is confirmed. Students may only return to sport and physical activity once a medical clearance has been provided to the school and, if at a school sport event, to the supervising teacher.

Any student that experiences a suspected concussion during a school-endorsed activity, will be removed from the activity and parents/carers will be advised that a medical follow-up is required. If medical clearance is not provided, the student cannot participate in vigorous or competitive school sport or physical activities for 21 days from the concussion date.

