



Waratah Whispers

Engadine Public School
1A Waratah Road Engadine NSW 2233
T 9520 8559
engadine-p.school@det.nsw.edu.au



Issue 45 Term 1 – Week 5

Friday 1st March 2019

Important Dates

Week 5

Friday 1st March: Whole School Assembly
Schools Clean Up Day

Week 6

Monday 4th March: P & C Pancake Day
Fete Meeting – 6.30pm
Tuesday 5th March: Zone Swimming Carnival
Thursday 7th March: Hot Dog Day
Friday 8th March: Assembly Yr 3-6

Week 7

Friday 15th March: Assembly Yr K-2

Week 8

Wednesday 20th March: Stage 3 Excursion RNP
Thursday 21st March: School Photos
Friday 22nd March: Assembly Yr 3-6
Saturday 23rd March:

Week 9

Thursday 28th March: Interrelate for Families
Friday 29th March: Assembly Yr K-2

Week 10

Friday 5th April: Whole School Assembly

Week 11

Monday 8th April: Mufti Day – Easter Egg donation
Wednesday 10th April: School Cross Country
Thursday 11th April: Easter Hat Parade
Friday 12th April: Last Day of Term

Dear parents/carers,

A big thank you this week to our wonderful P&C for their organisation and hard work in putting on the 'Welcome to school' disco. Our students love the opportunity to shake their tail feathers and I do hope parents and friends were able to socialise and enjoy

the afternoon as well. Thank you also to staff who generously stayed back after school to supervise the event.

As we approach the National Day against Bullying (March 15th) it seems timely to share some strategies with you that you may be able to use at home should your children wish to discuss bullying. This year's focus is for everyone to 'take a stand' against bullying. It is encouraging students to be a part of the solution and to stand up for what they know is right. This week I have had some discussions with our senior students about cyberbullying; about sending, receiving or being the subject of threatening, intimidating or nasty messages via social media, email or text. While we regularly inform our students of the dangers and risks associated with cyberbullying, this is a behaviour which often occurs outside of school – after school hours, on the weekends, from bedrooms at night while young people are on their mobiles. As parents and families we need to monitor and be aware of our children's electronic device use. We need to have rules and expectations for responsible behaviour in place and it is up to us as parents to restrict the use of technology in line with age appropriateness. Did you know, for example, that social media apps such as Snap Chat, Face Book, Instagram and Twitter all have recommended ages of 13 and older?

Some of the suggestions to support parents as they discuss these issues with their children are listed below:

1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. **Reassure** your child they are not to blame. Many

children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with.'

3. **Ask** your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. **Visit** www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.

This week we have collated all the responses from our recent Expression of Interest about band and/or a ukulele group. Unfortunately, we have had limited interest and so we will now need to liaise with the respective band tutors and discuss whether the groups are viable with such low numbers. I will keep you all posted but at this stage band will not be starting in the next week or so.

My congratulations go to all of our student leaders within the school. Assembly this week involved the badging of our 2019 SRC leaders, as well as our Positive Behaviour Leaders – a new role we have created to support positive social interactions on the playground. I know that every one of our leaders is aware of the responsibility involved and the standard of behaviour expected when undertaking these roles of representation. We are very proud of your commitment and will support you as you develop your leadership skills throughout the year ahead.

Change in procedures – Morning Playground Time

Please note, starting from Monday March 4th there will be different procedures in place for morning playground time. As we are growing in number it has become necessary to evaluate our morning supervision routine.

From Monday we will have two separate play areas supervised by two staff members, rather than all students together on the top playground. On Mondays, Tuesdays, Wednesdays and Thursdays our K-2 students will proceed to the bottom playground and will be supervised by a teacher in that area. These students will have access to the junior toilets. Our 3-6 students will remain on the top playground with supervision. At bell time all students will progress as

usual to the COLA area for lines and morning assembly.

On Fridays all students will remain on the top playground, due to reduced student and teacher numbers because of PSSA.

Please speak with your children about this change in routine over the weekend.

In other exciting news, I am thrilled to let you know that our Engadine Public School support classes have received a scholarship from the Nicole Fitzsimons Foundation which entitles the students to a free Dance From Your Heart program. Starting one day per week in Term 2 our students will participate in 5 weeks' worth of dance tuition from the wonderful teachers of Groove Nation. Many thanks to Amy from Groove Nation and Julie Fitzsimons from the Foundation – I know our students will love it!

Have a wonderful first weekend of autumn, everyone and keep smiling. 😊

Sara Swift, Principal

AFL Zone Team

Congratulations to Jake R, Hugo P, and Deacon M who will be representing the school at the Regional AFL trials. The boys were selected in a combined Engadine and Sutherland zone team. Congratulations boys!!



Mobile Phones

A reminder to all parents that students are not allowed to have mobile phones at school. If your child brings a phone to school they must leave it at the front office and can collect it at the end of the school day. If you need to contact your child at school please phone the office and a message can be passed on.

Environmental Team News

Here are some photos of the Environmental Team with the rockmelons that grew in our gardens over the holidays. Students and staff enjoyed picking and eating them on Monday!!



Thank you to all our students and staff who participated in the Schools Clean Up Day today. It was great to see our students so enthusiastic about cleaning our grounds!

School Band Update

Thank you to everyone who has returned their expression of interest to join our school band or ukulele group. We have had a very limited response and are asking any students who are still interested in participating to please return the expression of interest note or contact the office. We will be endeavouring to start band before the end of term.

Safety Reminder

A reminder to our school community to please be aware of the high traffic in our area. Also if you are dropping off or picking up a student please be aware of the pedestrian crossings and take caution – arriving safely always takes priority.

Also a reminder to our students to always use the pedestrian crossings that are around our school entries.

Also students who are riding their bikes and scooters to school MUST have a bike licence provided by the school. Please remind your child about road safety and awareness if they are riding to school.

Interrelate

Interrelate will be coming to Engadine Public School on Thursday 28th March – please return forms and payment to school if you are interested in attending with your child. Payments and bookings must be made before the sessions.

Session 1 Where Did I Come From? (recommended for students in years 3 & 4)

Session 2 Preparing For Puberty (recommended for students in years 5 & 6)

High School Open Nights

Our two local high schools will be hosting their Open Nights next week. This is a great opportunity for students and parents in year 5 and 6 to have a look around and get an idea of what to expect when it's time for the move to high school. Details on both Engadine and Heathcote High Open Nights can be found in this newsletter.

Open Morning- Kindy 2020

We will be holding an Open morning and information session for all families interested in enrolling at EPS in 2020. This will be held at 10.00am on 22nd May in the school library. Please spread the word to any friends or neighbours who will be looking at enrolling with us next year. Transition to school dates will be advised very soon.

School Photos

Don Wood Photography will be visiting Engadine Public School on **Thursday 21st March**. All school photos must be pre-ordered – please return the order envelope with payment or order online **before photo day**. If you are interested in family photos please collect an envelope from the front office. Family photos will be taken before school on photo day.

P & C News

Thank you to everyone who supported our Welcome to School Disco on Thursday afternoon/evening. It was great to see our students having such a wonderful time and letting out lots of energy!!

Fete Meeting

Our first Fete meeting is on Monday night 4th March at 6:30pm in the staffroom and we'd love to see anyone interested in helping out to come along to the meeting. **A reminder to all families our fete will be held on Saturday 24th August!!!**

Pancake Day

The P&C will be selling homemade pancakes to the students on Monday 4th March.

The cost is \$2 for 2 pancakes (each pancake is 10cm in diameter). We will be selling Gluten Free pancakes as well. The choice of toppings we will have available are honey, lemon and sugar or maple syrup. Or you can have no topping at all if you prefer. No need to pre-order, just bring money to school on the day.

Kindy – Yr 2 will be purchasing theirs at recess

Yr 3 - Yr 6 will be purchasing theirs at lunch

This year we will be making all our pancakes in the school canteen that morning. If you are available to help cook or serve, your help would be greatly appreciated! Please complete the slip on the note sent home this week and return it to the school office by Friday 1st March or email Amanda Yock on amandayock@gmail.com

Easter Raffle & Mufti Day

Further notes and information will be sent home in the next few weeks regarding our Easter celebrations. We will be holding a mufti day on Monday 8th April and asking students to donate an Easter egg for our raffle which will be drawn at the Easter hat parade. Raffle tickets will be sent home to families in the coming weeks.

Please keep an eye on the newsletter and the dates coming up!



OPEN NIGHT

Tuesday 5th March 2019



An invitation to parents and students of Years 5 and 6

- 5.30pm Sounds of the Swing Machine - Auditorium
- 6.00pm Official welcome
- 6.30pm - 8.30pm Tour of the school grounds, learning spaces, performances and interactive activities

*educational excellence
in a safe and nurturing environment*

Heathcote High School



The staff and students of Heathcote High School invite you to see what makes our school so great at our Open Night.

The Principal, Steve Waser, will briefly address parents and students in the School Hall commencing at 6.00pm.

Guests will then have the opportunity to:

- explore our wonderful learning spaces
- see STEM in action
- sample future focused teaching and learning
- enjoy refreshments
- talk to students and staff

We are very proud of the range of learning enrichment programs and opportunities we offer and look forward to sharing what we do, with you.

OPEN NIGHT 2019

Wednesday 6th March
6.00pm – 8.30pm

Invitation to parents
and students

Wilson Parade, Heathcote
Phone: 0820 0488
Email: hsa@psde.nsw.edu.au

Respectful, Responsible, Learners

Smile with confidence!

Go back to school with a smile...

Mention you are from Engadine public school and we will waive the initial consultation fee.



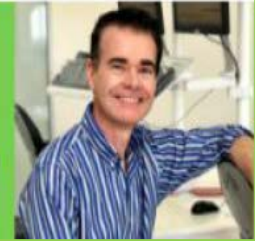
mysmile
Orthodontics

9520 8871

1/69 Station street
Engadine

Specialising in traditional braces, clear braces and invisalign.

Book your FREE consultation with Dr Steve Smith and the Mysmile team today.



Bonjour, amis!

French Club is Back in 2019!

Engadine PS, Tuesdays, 8.15 am

Hello!
Fun Languages



Are you looking for an affordable, responsible & educational activity for your child?

Our clubs offer a creative & playful learning experience in a second language. The long-term cognitive advantages of playing with languages are a fact!



Join our Clubs with a **FREE TRIAL** — and **50% OFF** for every second child (siblings or friends) in **Term 1, 2019**. Don't forget NSW Gov.'s **\$100.00 Your Creative Kids voucher!**

Contact Leslie with interests and questions. We are happy to help you find that extra language care for your precious ones. Languages are fun. Your child will tell you!



We offer French, German, Italian, Mandarin, Spanish.



Let us know your choice.



leslie.jervis@lcclubs.com.au

0449 073 195



St George Montessori

Engadine Early Learning Centre



Now enrolling 6 weeks - 6 years!

Our centre's key features include:

- Open 52 weeks of the year
- Long day care and preschool 6 weeks - 6 years old
- Montessori curriculum
- All meals provided and prepared onsite
- Highly qualified and experienced staff
- Holistic program provided
- Extensive school readiness program
- Regular incursions and excursions
- Yoga, cooking and French lessons
- Nature play (we have our own veggie patch and chickens)

At St George Montessori, we are dedicated to providing the highest quality care and education for your child.

We are centrally located on Woronora Road and are open 7am - 6pm Monday to Friday.

252 Woronora Rd, Engadine
(02) 9548 2332
engadine@stgeorgemontessori.com.au
stgeorgemontessori.com.au






Why Chess?

- Create Brighter Thinkers
- Improve Student Focus
- Achieve Academic Success

Combines learning with fun!



Educational Benefits:

- Improves concentration and focus
- Develops logical thinking and problem solving skills
- Enhances memory
- Encourages creative and lateral thinking
- Promotes discipline
- Accelerates emotional development
- Expands visualization and spatial awareness
- Demonstrates actions and consequences
- Rewards correct decision making
- Increases self-confidence
- Provides opportunities to make new friends from diverse backgrounds

Engadine Public School Chess Classes, 2019
Wednesdays 8:25AM - 9:10AM


Term 1	Cost: \$90	13th Feb - 10th Apr
Term 2	Cost: \$100	1st May - 3rd Jul
Term 3	Cost: \$100	24th Jul - 25th Sep
Term 4	Cost: \$90	16th Oct - 11th Dec

To enrol please pay online with your credit card at www.sydneyacademyofchess.com.au/payment
Enter the code SQG2UKYX3Q and fill in the electronic form, with your child's details.

**Fees are due on the first day of term. A late fee of \$10 will be applied if payment is not received within 4 weeks of the start of the term. No refunds or credits for missed lessons during the term and trial lessons must be paid for. For pro-rata fees (ie. starting part way during the term) please contact Sydney Academy of Chess on 9745 1170*

OPTIONAL EXTRAS (prices include delivery)		
To enhance your child's learning experience these items are available for purchase online at the time of enrolment		
Workbook 1 - Cost: \$30 (for the novice/first time player)	Workbook 2 - Cost: \$30 (for experienced players)	Workbook 1 & 2 - Cost: \$45 (SPECIAL OFFER)
Exploration In Chess Beauty - Cost: \$41 (for advanced players)	Chess Set & Roll-up Board - Cost: \$33 (chess set available for all ages)	Chess Clock - Cost: \$76 (for managing time for all ages)

Pay for four terms in advance and receive a free chess set or workbook 2 valued at up to \$33. Offer expires 31st March, 2019



SYDNEY ACADEMY OF CHESS
P: 9745 1170 F: 9745 1178 E: enrolment@sydneyacademyofchess.com.au

Sydney Academy of Chess Pty Ltd
ABN: 14 129 562 004
Level 1, 30A George Street Burwood NSW
PO Box 1325, Burwood, NSW 1505

CLAIM YOUR GOVERNMENT ACTIVE KIDS \$100 VOUCHER

Junior Indoor Cricket

@ Sportsworld Indoor Miranda



Monday Afternoons
Ages U/8s - U/12s
Games played between 4.00pm and 6.30pm

Friday Afternoons
Ages U/14s - U/18s
Games played between 4.00pm and 7.30pm

Competitions Start Late March
All levels of experience welcome.

Indoor Cricket is fun and fast with all kids batting and bowling equally!

All Players receive a FREE pass to Inflatables World!



Simply contact us to get started or find out more

Call: 9525 5499 Visit: 8/2-4 Kumulla Road Miranda 2228
miranda@sportsworldindoor.com.au www.sportsworldindoor.com.au



Sportsworld Indoor
indoor fun for everyone!



ENROLLING NOW

Connect preschool

131 Woronora Road, Engadine
Ph: 9520 6959
director@connectpreschool.com




Hours: 8.30am - 4pm
Extended hours: 8am - 5pm

Fees: From \$20 per day
Open: School term only

RATED **EXCEEDING**
NATIONAL QUALITY STANDARD

(Few doors down from Engadine West Public school)

www.connectpreschool.com.au

Package Information Sheet
& Online Ordering Instructions

ORDER ONLINE NOW
go to
www.donwoodphotography.com.au

ENGADINE PS PW
SCHOOL: 184517
CODE

Portrait Only and Group Only Packages

Portrait Only Pack

Includes two sheets of portraits, consisting of:

- 1x 7x5 (17x21cm) portrait
- 2x 3.5x5.5 (89x65mm) colour portraits
- 2x 3.5x5.5 (89x65mm) black and white portraits
- 5x 2x1.5 (50x38mm) colour key ring portraits
- 5x 2x1.5 (50x38mm) black and white key ring portraits
- 8x 10x15 (203x127mm) poster size portraits

Free Download Code included in pack

DOES NOT INCLUDE GROUP PHOTOGRAPH

\$28

Group Only Pack

Includes the Class Photo set that consists of 3 photographic scenes:

- 1 front cover with your school name and logo
- One class composite photo
- The class group photo

Packaged in a clear plastic presentation sleeve.

DOES NOT INCLUDE ANY PORTRAITS

\$31

Extras

Please note: These extra options can only be ordered in conjunction with a package, not by themselves.

EXTRAS COMBO

\$12

CALENDAR

\$18

KEY-RING

\$4 ea

GREAT FOR GIFTS!

Payment Method: We offer **TWO** methods of payment - **CASH OR CREDIT CARD ONLINE**

CASH - If you wish to pay by **CASH** please enclose **CORRECT MONEY** in the order envelope for each child.

CREDIT CARD - If you wish to pay by **CREDIT CARD ONLINE** please go to donwoodphotography.com.au and follow the links.

To order online you will need to enter your **SCHOOL CODE**.

SCHOOL CODE: 184517

Order envelopes are not required when ordering online.

DO NOT return the order envelope if you have ordered online.

We accept online payments using Visa and Mastercard.

A \$1 handling fee is applicable with online ordering.

Credit card payments can **ONLY** be made online. If you wish to pay cash, complete the order envelope with correct money enclosed and return to school.

HOW TO PURCHASE YOUR SCHOOL PHOTOGRAPHS

Package Information Sheet
& Online Ordering Instructions

ORDER ONLINE NOW
go to
www.donwoodphotography.com.au

ENGADINE PS PW
SCHOOL: 184517
CODE

Portrait Only and Group Only Packages

Portrait Pack 1

Includes the **GROUP PHOTO** option

PLUS One sheet of portraits, consisting of:

- 1x 7x5 (17x21cm) portrait
- 2x 3.5x5.5 (89x65mm) portraits
- 2x 2x1.5 (50x38mm) colour key ring portraits
- 2x 2x1.5 (50x38mm) black and white key ring portraits
- 1x 7x5 (17x21cm) bookmark

Portrait Download Code included in pack

\$36

Portrait Pack 2

Includes the **GROUP PHOTO** option

PLUS Two sheets of portraits, consisting of:

- 1x 7x5 (17x21cm) portrait
- 2x 5x3.5 (127x89mm) portraits
- 2x 3.5x5.5 (89x65mm) colour portraits
- 2x 3.5x5.5 (89x65mm) black and white portraits
- 5x 2x1.5 (50x38mm) colour key ring portraits
- 5x 2x1.5 (50x38mm) black and white key ring portraits
- 8x 10x15 (203x127mm) poster size portraits

Portrait Download Code included in pack

\$38

Extras

Please note: These extra options can only be ordered in conjunction with a package, not by themselves.

EXTRAS COMBO

\$12

CALENDAR

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KEY-RING

\$4 ea

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HOW TO PURCHASE YOUR SCHOOL PHOTOGRAPHS



CRUSADERS FC

PRESTON PARK

**A Club for the whole family!
U6's to SNR's, Boy's & Girl's,
Men's & Women's**

- * Uniform Discounts for all new U6's
- * Active Kids Vouchers Welcome

Registrations open online from January 2nd 2019

www.myfootballclub.com.au

FUN & FITNESS WITH THE ENGADINE CRUSADERS FOOTBALL CLUB

www.engadinecrusadersfc.com.au

WOMEN'S HEALTH

FREE FORUM & HIGH TEA

6 MARCH 2019
10 am - 12 noon

Celebrating **WOMEN'S HEALTH WEEK**

Information for women aged 50+

Health Presentations:

- ◊ Cancer Screen & Prevention
- ◊ Managing Menopause
- ◊ Diet, Exercise, Wellbeing
- ◊ Diabetes
- ◊ Osteoporosis
- ◊ Depression, Anxiety, Stress

Discussion:


- ◊ What else is needed?

RSVP ESSENTIAL by 29/2/19:
Phone: 9520 7022, Email: admin@ecs.org.au or Visit:
Engadine Community Services (ECS) 1034-1036 Old Princes Hwy, Engadine

Hosted by:  ECS

Funded by:  NSW GOVERNMENT

Community partners:  phn,  NSW Health,  South Eastern Sydney Local Health District



15/02/2019
Renée King
Intuitive Music Therapy
Registered Music Therapist
ABN: 29423233412
PO Box 264 Miranda NSW 1490
Ph: 0419 123 269
intuitemusictherapy.com
Email: intu@intuitemusictherapy@outlook.com

Group Weekly Music Therapy Sessions

Group Music Therapy sessions will be tailored to suit the needs of each individual. Sessions will run based off how individuals choose to engage, interact and contribute within the session. After assessing where each individual is at within the group, therapeutic goals focusing on lifestyle skills will be implemented. These goals may include; improving social skills (e.g. listening and/or using appropriate conversational techniques), enhancing speech and language skills, fine and gross motor skills, self expression, receptive listening skills and more. Music Therapy is also a fun, interactive therapy for individuals to be creative and develop their own innate musical being.

A brief outline of what my Group Music Therapy sessions involve:

- *Hello/greeting song*; building a therapeutic rapport with clients, creating a chance for engagement, call & response, assessing engagement with social cues, assessing communication between clients.
- *Movement/action songs*; enhancing fine and gross motor skills, developing teamwork, regulation of physical energy levels.
- *Songwriting*; enhancing self expression, communication and language skills.
- *Improvisation*; developing goals such as engagement with others, sharing instruments, having fun, turn taking, learning to stop and listen.
- *Goodbye song*; providing structure, closure and a safety net.

Groups will run for 45 minutes/week.
Cost: \$30/ child (NDIS Funded) → 6-weeks = \$180
\$25/ child (not NDIS Funded) → 6-weeks = \$150

There is a maximum of 6 - 8 children per group and a minimum of 4 children per group. Each parent will be invoiced separately for a 6-week block starting Monday 25th February – finishing Monday 1st April 2019. Please be advised that there will be no refund if a client does not show, as I need to be able to cover my own costs regarding session planning, travelling expenses, assessments and report writing. If you have any questions please don't hesitate to contact me.

Thank you,
Renée



Join us for the Inaugural 'BIG PUSH' Charity Bike Ride

SYDNEY TO CANBERRA - 28th to 30th April 2019

Every child in Australia deserves to have an effective father figure.

+ About the 'BIG PUSH' Bike Ride

A fun-filled event that brings fathers, father figures and family members together with the one goal of celebrating what is a father's most important role in the world, being a dad. It runs over 3 days, it will cover 280km and will help us raise much-needed funds to expand our programs in NSW.

REGISTRATION

REGISTRATION COST: \$500.00 per rider (includes accommodation, meals, insurance and a riding jersey valued at \$200.00). Each rider will have a goal to raise \$2,000 plus in addition to their registration fee. This will go towards our front-line staff to assist them in the continuation of the rollout to schools in New South Wales.

the fathering project

The five main aims of The Fathering Project to help our kids:

- 1 To help fathers realise how important they are in a child's life.
- 2 To give fathers advice on how to engage with their children.
- 3 To inspire fathers to get involved with their children - become proactive.
- 4 To develop programs and initiatives to assist with and promote the engagement of fathers.
- 5 To utilise research-based evidence to encourage positive change in fathers.

ROUTE, ITINERARY AND REGISTRATION DETAILS AVAILABLE AT: www.thefatheringprojectnsw.org